



www.mountmartharotary.org.au
mountmartharotary@gmail.com

20th July 2020

PRESIDENT ROGER'S WEEKLY BLOG

Your president as you've never seen him before!! I trust you are all keeping well . There are 317 new cases in Melbourne today and we now have 7 cases on the Peninsula (as at Thursday 16th July when I wrote my column) so even more reason to take precautions. Whilst we are in Stage 3 isolation we can still connect via zoom and I hope to 'see' you all on Monday night (minus the mask) and share a few developments that have been going on behind the scenes.



Rotary Club of Mt Martha
PO Box 342,
Mornington 3931

Rotary International
World President:
Holger Knaack

District Governor 9820:
Mark Humphries

Mount Martha President:
Roger Skipsey
0438 547 019
Roger.skipsey@bigpond.com

Secretary:
Wayne Norris
0408 344 512
eversfield2017@outlook.com

Bulletin Editor:
Byron Groves
Contributions required
by Thursday 6pm each week
to
byron.groves58@gmail.com

Website Editor:
Merv Williams
mervcris@bigpond.com

FaceBook Editor
Phyllis Scales
phylscales@yahoo.com

Unfortunately we now can't hold our Bay Trail walk on the Estuary Boardwalk on Monday so we'll hold that over for another day and we are meeting on zoom again. Steve will talk to us about Bay Trail Project in more detail, in particular the Mt Martha 'missing links' and next steps on how we might consider various options for our Centennial Project.

We were also going to meet face to face in our Committees this week but will now hold break out sessions on Monday night.

I'm delighted that we're gaining more support for Fusion's 'Sleep in Your Car' event. This year is a virtual event and participants can either sleep in their car, in a tent or on the couch . Pat and I are sleeping in our cars in our drives, Rob Davies is sleeping in his tent in his backyard and Wayne is on his couch in his shed. Hope its not too cold!! Does anyone want to brave the cold. We can't raise any money with BBQs but we can support the homeless on the Peninsula through Fusion. Why not spend some of your savings from not having dinner at the Mornington Hotel every week and donate BSB 633-00 A/C 128102126 Tag SIYC Your name

Stay safe and I look forward to 'seeing' you Monday night .

President Roger

Club meetings (via Zoom in this present COVID-19 climate).

JULY HAS NO ROTARY THEME

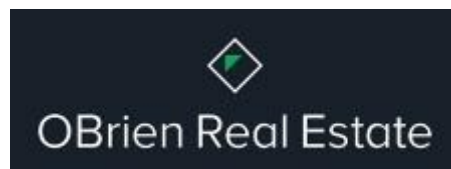
- Mon 20 July Club Meeting via Zoom with Steve Daly updating Club on the Bay Trail Project and then Committees in Breakout Rooms
- Mon 27 July NO MEETING

AUGUST IS MEMBERSHIP AND NEW CLUB DEVELOPMENT MONTH

- Sat 1 Aug Sleep in your Car (Fusion Fundraiser) - more details to come
- Mon 3 Aug Club Meeting via Zoom with Pearl Finlay-James speaking about Gippsland Bushfire Relief
- Mon 10 Aug NO MEETING
- Mon 17 Aug Club Meeting via Zoom
- Mon 24 Aug NO MEETING



OUR COMMUNITY & CLUB SUPPORTERS, TO WHOM WE ARE VERY GRATEFUL



THANK YOU TO RCMM FROM JOHN CROSSIN

You will recall that John Mackie, who is a regular Golf Day supporter bought John Crossin's plight to our attention . John M put up \$7,500 and Rotary Compassionate Grants (Dick Smith Foundation) matched this donation and this total of \$15,000 has paid for John Crossin's Aged Care from January to August this year. There was no funding from our club.

John Crossin , John Mackie and their mates were annual entrants in The Variety Club Bash in their Ford Galaxy raising over \$400,000 for the Variety Club, over the 15 years they were involved up until last year when John Crossin became ill and his family were unable to fund his care..

Printed below is a thank you letter we have received from Elaine Hemingway, John Crossin's partner. .

Rotary doing good in the world....again

To
Mt Martha Rotary Club
And Dick Smith Foundation

I would like to thank you from the bottom of my heart for helping myself and John with your very kind donation.

Firstly I would like to tell you about John, we have been together for 28 years and I have never met anyone who knows so many people and has helped so many people. As a joke I would call him Saint John! If there was a fundraiser going John would be part of it, I have lost count of how many people he has helped. over the years.

In 2019 John was diagnosed with Lewy Body Dementia. This hideous disease has no cure and not many people know what it is. It can affect people differently.

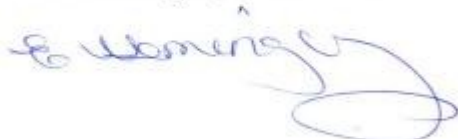
John can not sleep, so he feels exhausted all the time, a good sleep is one hour. John also feels either freezing cold or boiling hot constantly changing. He suffers with anxiety. We have been told people with this disease have a lifespan of around 10 years.

I tell John all the time "we still have each other and we have to make the best of what we have been dealt."

With your very kind donation I have been able to go out and buy John many pairs of shoes as sometimes his feet swell and one day a pair of shoes can be comfortable the next day they hurt him. He can not cope with clothing on his arms, I have bought clothing for him and once again one day they are fine and the next day he will say they irritate him so much he can not stand the material next to his skin. This is an ongoing dilemma but the financial pressure has been lifted somewhat with your kind donation.

John is in Craigcare Aged Care Facility and your kind donation has helped take the pressure off me with his fees.

John and I are eternally grateful, thanking you again.
Elaine Hemingway and John Crossin



Fusion—Sleep in your Car

Community, Connection, Together There's Life!

On any given night, there are 116,427 Australian's recorded as experiencing homelessness. 42% are under the age of 25.¹ But behind those statistics and faces are stories.

"Most people don't realise that there's always a story. People don't realise that they just need that little bit of help to get up and back on their feet. Two years ago I wasn't really thinking about the next day or the future. [After] Being with Fusion... now I actually want to live life and be as good as I can be. Probably one of the biggest things is trust and faith. A lot of that disappears when you see people walking by and any one of those can help you out but a lot of people just choose to ignore you. Having a feeling of no home, there also comes a feeling of no hope as well". – **Alex, past resident.**

Alex's story of homelessness ends with connection, support and shared hope. **Will you help build that connection and support?**

On Saturday August 1st, Fusion Mornington Peninsula is hosting **Sleep In Your Car** the community sleep out - **online**. Held in the lead up to Homelessness Week, this local community event is in its 6th year, creating opportunities for our community to begin to consider what it means to experience homelessness.

This year registration allows you full access to our online event, including interactive experiences, live panels presenting local youth service, tours of our accommodation facility, guest speakers as well as live performing artists.

Or if you are sponsoring a participant simply drop past our Facebook page on the night and show your support. Registering to give up your bed to sleep in your car at home, pitch a tent or sleep on your couch will raise the crucial funding to prevent and support local young people experiencing homelessness. **Sleep in Your Car 2020 aims to raise \$25,000.**

You have the power to help transform the lives of vulnerable young people in our community. Register at www.sleepinyourcar.com.au



SLEEP IN YOUR CAR

SATURDAY 1ST AUGUST 2020

**GIVE UP YOUR BED FOR 1 NIGHT
TO RAISE FUNDS AND
AWARENESS FOR YOUTH
HOMELESSNESS**

THE ONLINE
COMMUNITY
EVENT

REGISTER or INFO: www.sleepinyourcar.com.au

The Rotary Foundation

Foundation Facts: 2. There is a lot to learn.

Did you know that less than 20% of Rotarians in Australia make regular personal contributions to THE ROTARY FOUNDATION?

Did you know that THE ROTARY FOUNDATION is Rotary International's only charity?

Did you know that Personal Giving to the Rotary Foundation is tax deductible via THE AUSTRALIAN ROTARY FOUNDATION TRUST?

Did you know that only contributions to THE ROTARY FOUNDATION accrue PAUL HARRIS Recognition points?

Did you know that your contact person at THE ROTARY FOUNDATION for recognition information is Mark Anderson on mark.anderson@rotary.org or phone +61 2 8894 9841

Did you know that the term "per capita" is a measure of combined Club members giving to the ANNUAL FUND of the Rotary Foundation?

Did you know that the number one per capita club in the world in 2012-13 was in Bangladesh at USD\$5,915.80?

Did you know that the number one per capita club in Australia in 2012-13 was Wishart in D9630 at USD\$1,979.66?

Did you know that the number one per capita club in 2012-13 in Zone 7B (New Zealand and South Pacific) was Suva East D9920 with USD\$607.56?

Did you know that 50% of the combined giving to the Annual Fund comes back to your District Designated Fund 3 years after it was given?

Did you know that giving to Polio Plus attracts Paul Harris Recognition points?

Did you know that Major Donor Recognition is based on USD\$10,000 of personal giving? The pin has a blue diamond shaped field around the Paul Harris image. Up to 4 diamonds are placed in the blue field to recognise your level of contribution.

Did you know that the Paul Harris Fellow is recognition not an award? It is a recognition that a contribution of US \$1,000 has been given to the Rotary Foundation in your name.

Roger Annear, Foundation Chairperson RCMM.

Official Advice regarding the use of face masks during Coronavirus (COVID19) where social distancing is not possible.

**AUSTRALIAN COMMISSION
ON SAFETY AND QUALITY IN HEALTH CARE**

INFORMATION
for consumers

COVID-19 and face masks

Should I use a face mask?

Wearing a face mask in Australia is recommended by health experts in areas where community transmission of COVID-19 is high, whenever physical distancing is not possible.

Wearing face masks may protect you from droplets (small drops) when a person with COVID-19 coughs, speaks or sneezes, and you are less than 1.5 metres away from them. Wearing a mask will also help protect others if you are infected with the virus, but do not have symptoms of infection.

When thinking about whether wearing a face mask consider the following:

- Face masks may protect you when it is not possible to maintain the 1.5 metre physical distance from other people e.g. on a crowded bus or train or shopping centre
- Are you older or do you have other medical conditions like heart disease, diabetes or respiratory illness? People in these groups may get more severe illness if they are infected with COVID-19
- Wearing a face mask will reduce the spread of droplets from your coughs and sneezes to others (however, if you have any cold or flu-like symptoms or feel unwell, you should stay home)
- A face mask will not provide you with complete protection from COVID-19. You should also do all of the other things listed below to prevent the spread of COVID-19.

What can you do to prevent the spread of COVID-19?

Stopping the spread of COVID-19 is everyone's responsibility. The most important things that you can do to protect yourself and others are to:

- Stay at home when you are unwell, with even mild respiratory symptoms
- Regularly wash your hands with soap and water or use an alcohol-based hand rub
- Do not touch your face
- Do not touch surfaces that may be contaminated with the virus
- Stay at least 1.5 metres away from other people (physical distancing)
- Cover your mouth when you cough by coughing into your elbow, or into a tissue. Throw the tissue away immediately.



07/2020

A bit of light-hearted humour in these difficult times .
I hope you enjoy these pieces and can see the funny side of them.

Yesterday my husband thought he saw a cockroach in the kitchen. He sprayed everything down and cleaned thoroughly. Today I'm putting the cockroach in the bathroom.

FEELING GUILTY ABOUT YOUR KIDS WATCHING TOO MUCH TV?

JUST MUTE IT & PUT THE SUBTITLES ON.

BOOM.

NOW THEY'RE READING.

STEPPED ON MY SCALE THIS MORNING AND IT SAID: PLEASE USE SOCIAL DISTANCING, ONE PERSON AT A TIME!

😂😂😂😂

PEOPLE KEEP ASKING "IS COVID 19 REALLY THAT SERIOUS?"

LISTEN UP

CASINOS AND CHURCHES ARE CLOSED

WHEN HEAVEN AND HELL AGREE ON THE SAME THING

IT'S PROBABLY PRETTY SERIOUS

A home schooling mom posted that her kid called her on the phone from his room and told her he missed the bus and won't be in today!!

IRISH POST

Every few days it would be smart to put your jeans on to make sure they still fit

Pajamas and sweats will have you believe all is well