



PRESIDENT ROGER'S WEEKLY BLOG

Greetings fellow Rotarians and Friends

I trust you all had a great Australia Day and are looking forward to meeting face to face on Monday .

Monday 1st February - First face to face meeting

A lot of things to catch up on and get our momentum going again as we slowly move into hopefully a 'Covid normal' world.

Australia Day Event MMLSC MMAD Swim

Covered elsewhere in this bulletin - see page 5

Meetings from now on

1st Week: Face to Face with a speaker @ The Mornington Hotel 6 for 6:30pm

2nd Week : Committee Meetings. Time, Date, Venue as agreed with committee members

3rd Week: Face to Face with a speaker @ The Mornington Hotel 6 for 6:30pm

4th Week: This will be Project week. eg Australia Day, RORP, MPPS, MMCG. Fusion etc

5th Monday: Only 4 per year - No meeting.

We will investigate what technology is required to make it possible to Zoom in on Face to Face meetings. We have increased the meal cost from \$16 to \$20 (including 3 swindle tickets) We need to minimize our handling of cash for Covid reasons and so members can pay by credit card or 1 x \$20 note. Given that we don't meet face to face every week any more we feel a net \$2 increase when we do meet is a reasonable increase to help fund club operations.

MM Village BBQ

Peter Warren met with a number of his committee members to review the operation of this fundraiser. Please note the following changes to our procedures .

Captain: The first named member is asked to act as 'captain' and call the others prior to Saturday to remind members they are on duty or to find out who they have swapped with.

Location: In front of Bell's Butchers. A move to Ritchies was considered but the consensus was to stay at Bell's Sausages : Purchase from Bell's . Half bags are OK if that is deemed appropriate toward the end of the day.

Bread & sauces: Purchase from Ritchies . Quote RCMM PO number in book in the trolley

Onions: Wayne J / Gordon M (onion brothers!!) will supply cut onions. Captains, please call to make arrangements No more onion cutting on the day.

Sauces: Please bin (or take home) all opened sauces containers.

Hot plate mats: Please use hotplate mats on the BBQ and wipe them down at the end of the day, don't bin them (\$7 each).

Square EFTPOS device: Collect from Gordon at previous club meeting. Gordon has written some easy to follow instruction.

Apparel: Your new RCMM shirt with apron and gloves .

Covid Requirements: Wear a mask please. Social distance as much as you can. Sanitiser on table. Gloves as usual.

Price: We decided to be brave and increase the price to \$3 and see if this has a dramatic effect on sales...they are premium Bell's sausages.

Review: Bill Cummins has obtained MPSC permit till end June. Peter W has scheduled a review of village BBQ operations for Mid June.

CheersRoger

1st February 2021

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“How and why I joined Rotary and why I stayed?” - Rob Davies

This is a shortened version of what I said (written in long hand!) when I was asked to speak at the:

Rotary District 9820 Assembly - 28th June 1981
Findlay Hall, Mornington High School
Hosted by Rotary Club of Mt Martha

“Impressions by a new member of 12 months - Rob Davies”

“Would you like to join Rotary?”, he asked. “I’d love to”, I said.

“Well, you’d better come along to one or two meetings and find out what it’s all about. I’ll pick you up at six o’clock and we can have a beer first.” “Fine”, I said. It was as easy as that. Or was it?

Over the next few days I began to think about what I was letting myself in for. The only thing I knew about Rotary was that strange bicycle wheel sign at the beginning of many towns. I hadn’t heard anything about what Rotary actually does. I certainly hadn’t seen any publicity. Was it some sort of secret society? A sophisticated progressive dinner club, perhaps ... A secret handshake? Would I spend my first meeting blindfolded with my right trouser leg rolled up?

So it was with some trepidation that I went to my first Rotary Club meeting. I walked in the door to find a group of serious looking gentlemen with name plaques on their lapels - just in case they forgot each other’s names. I was propelled at great speed through the agonies of induction and at last I had a name tag of my own. It has even got a reminder to me of what I do for a living - just in case I forget!

My reasons for accepting an invitation to join Rotary were simple, and possibly, though it might sound contradictory, of a selfish nature. Every day we are asked to contribute to one organisation or another and for years I had resisted with such excuses as “where’s the money going?” - “how much is going to admin?” There came a time, however, when I began to realize that by just a simple accident of birth I happened to be living amongst some of the luckier people on this earth. I was grateful that I could now give some of my time “to serve others through Rotary” and in doing so relieve my conscience!

I was impressed when I first joined Rotary that I was immediately given a job to do and made to feel useful; even if I didn’t quite know what I was doing. It was encouraging to think that I had something to contribute.

(Now ... remember that I said this 40 years ago!) One aspect that I really couldn’t help noticing when I first joined was the non-existence of women in Rotary.

(I continued, somewhat pompously! ...) There is a danger that Rotary in this District might become too parochial in its outlook and become just another fund raising organisation for local needs. This is not what Rotary is all about. It is too easy to look at particular need in the local community and raise money for it. We must look far wider. Let us look to projects that affect the country as a whole; such as the environment or aboriginal welfare, and, of course, overseas. There is a vital need for greater understanding between the people who share this world of ours.

Rotary has the machinery to contribute to world peace, and anything we can do to support organisations already in existence that are working towards international peace and understanding must be a good thing.

That is why I joined Rotary and why I stayed - Rob Davies

With eternal gratitude to Past President (1981/82) - Geoff Maughan

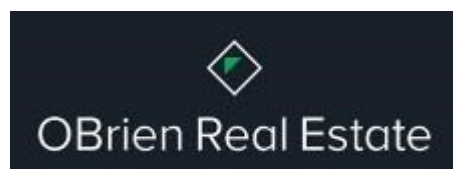
FEBRUARY IS PEACE BUILDING & CONFLICT RESOLUTION MONTH

- Mon 1 Feb RCMM **Club** Meeting at Mornington Hotel - Topic - 1st Rotary Club in Russia
- Mon 8 Feb RCMM **Committee** meetings - further details to come
- Sat 13 Feb MM Sausage Sizzle
- Mon 15 Feb RCMM **Club** Meeting - further details to come
- Mon 22 Feb **Project week** - **No Monday Club** Meeting - RCMM Board meet this evening
- Sat 27 Feb MM Sausage Sizzle

MARCH IS WATER, SANITATION AND HYGIENE MONTH

- Mon 1 Mar RCMM **Club** Meeting - further details to come
- Mon 8 Mar Labour Day Holiday - NO meeting
- Sat 13 Mar MM Sausage Sizzle
- Mon 15 Mar RCMM **Club** Meeting - further details to come
- Mon 22 Mar **Project week** - **No Monday Club** Meeting - RCMM Board meet this evening
- Sat 27 Mar MM Sausage Sizzle
- Mon 29 Mar **No Club** Meeting - 5th Monday

OUR COMMUNITY & CLUB SUPPORTERS, TO WHOM WE ARE VERY GRATEFUL



RCMM SATURDAY SAUSAGE SIZZLE TO 30TH JUNE 2021.
COMMENCE 9.00AM AND FINISH ABOUT 1.00PM

We only have a permit, at this stage, until the end of June 2021, after which the Events Team from the Shire will decide if sausage sizzles will remain. Where 2 club members are named they will do 2 hours each and will need to liaise with each other to see who will do 9 to 11am and 11am to 1pm.

30th Jan 2021	Rob Davies	Greg Buchanan	Peter Rawlings	Bill Ewing
13th Feb	Roger Annear	Paul Clark	Carol Allen Bernard Butler	
27th Feb	Bill Branthwaite	Phyl Scales	Lara Barrett Doug Rhodes	
13th Mar	Bill Cummins	Mary McIntyre	Steve Daly	
27th Mar	Bill Ewing	Janet Pugh	Stephen Pugh	
10th Apr	Wayne Norris	Tom Goulding	Jonathan Mayne Geoff Kaye	
24th Apr	Roger Skipsey	Jenny Mihan	MM Community Garden team	
8th May	Peter Rawlings	Byron Groves	Bruce Ranken	
22nd May	Colin Stokes	Tom Barrett	Rob Davies	
5th June	Wayne Jenkins	Pat Morton	Peter Warren	
19th Jun	David Wheeler	Valerie Lyons	Greg Buchanan	



AUSTRALIA DAY 2021

In May 2020, the Mt Martha Life Saving Club (MMLSC) had cancelled their Australia Day Swim due to Coronavirus but after support from National Australia Day Council (NADC) in November 2020 the event was revived. Although the signature 5km swim was cancelled the 1.2km, 400 metre and 200 metre events proceeded. MMLSC welcomed our offer to partner with them and cater, cooking egg and bacon rolls for over 100 volunteers (free) and sausages for competitors/public with a gold coin donation.

An early 7am start was required. We were all prepared with our BBQ trailer, Village BBQ and Coolroom when on Monday night they rang and advised that, due to the weather prediction, they were going to make a call at 7am as to whether cancel or not. We decided to proceed. On the day we were all set up and ready to cook when they decided the event was to proceed. A total of 600 swimmers competed.

Special thanks to Bill Cummins (Coolroom, Sausages, Eggs, Bacon), Wayne Jenkins, (BBQ Trailer, gazebos, onions and bread) Phyl Scales (PR), Roger Skipsey (Village BBQ) and a multitude of members. Jenny Mihan from Mount Martha House also joined the team.

It was a great day. thanks to NADC support of both MMLSC and RCMM and Hillview Quarries.

The event was a success, we extended our reach into the Mt Martha community and MMLSC are keen to have us back next year.

A number of members also attended the Flag Raising ceremony at Mount Martha shops at 9am on the day.

A selection of photos from the events are shown below.



AUSTRALIAN ROTARY HEALTH UPDATE

If you were wondering where the funds go, that you donate to Australian Rotary Health (ARH), here is a summary of their funds. The details the funding for last year can be found in their Annual Report for 2019-2020 which has reported on their main fundraising activities for the year. ARH received over \$1.6 million in donations this year, which was significantly less than the previous year of over \$3.6 million. This reflects the difficult environment which we have all been living in over the 12 months. However, ARH was able to fund over \$3 million on projects this year.

- **MENTAL HEALTH RESEARCH**

Most of the funds for this research goes to funding prevention, treatments and cures for mental illness through their Mental Health research scholarships.

- * 31 Mental Health Grants for the mental health of young Australians aged 0- 25
- * 10 Ian Scott scholarships for mental illness
- * 4 post-doctoral fellowships for the prevention of mental health disorders

- **GENERAL HEALTH RESEARCH**

Partnering with Rotary Clubs and District, individual Sponsors, Governments, Businesses, and Community organisations allow Australian Rotary Health to fund research in more general health areas such as cancer, diabetes and Children's Health

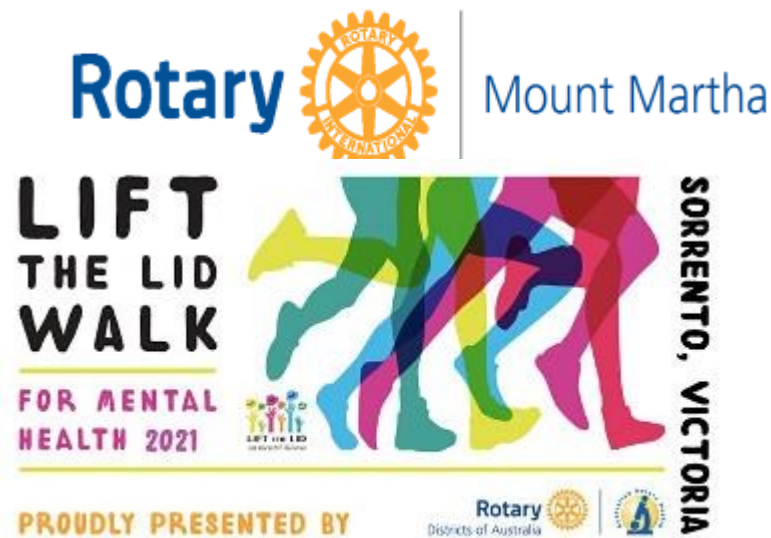
- **PROGRAMS**

Australian ROTARY Health also passionately contributes to 3 programmes which focus on opening opportunities for trainee scholars

This year funds went to;

- ⇒ 1 Rural medical scholarship
- ⇒ 7 Rural and remote nursing scholarships
- ⇒ 84 Indigenous Health scholarships to pursue a career in rural Australia upon graduation.

For more information on Australian Rotary Health, you can access the Annual Report on their website. Our ARH District committee support these projects and we look forward to keeping you informed on how programs are progressing and any new initiatives over the next 12 months.



LIFT THE LID WALK for Mental Health will get you walking and get us all talking while we raise vital funds for Australian Rotary Health.

When: Sunday February 28th 2021

The walk will commence from 8am and you are encouraged to start anytime that suits between 8am and 12 noon. All walkers should aim to complete their course by 2.00pm

Where: Start from the Stables at Point Nepean National Park, Portsea or If you are unable to participate, you may wish to make a donation to mental health research

What: A Walk NOT a race. There are 3 walks you can choose from and they are;

- a. From the Stables to Observation point and return along the beach or Coles track. Distance approx. 2.8kms
- b. From the Stables to Gunners Cottage and return along the beach or Coles track. Distance approx. 5.2kms
- c. From the Stables to Point Nepean and return via Defence Road, the beach or Coles track. Distance approx. 9.5kms

Please see course maps at the end of the page.

Walkers have the option to turn around at any time.

How strenuous is the Walk/Is the Walk difficult?

That depends on the physical health of the individual. The idea is to “walk and talk” about mental health so routes are designed to be manageable by most including those with mobility challenges.

Who: Everyone who has been impacted by or cares about Mental Health –

Unfortunately - DOGS ARE NOT ALLOWED as this is a National Park area!

Entry fee: \$30 includes a t-shirt. Kids 15 and under walk for free. Ticket purchase including your t-shirt cut off is 9 am Thursday, February 11th, 2021. Entries purchased after 9 am on February 11th 2021 will NOT receive a t-shirt so get in early. All orders from then will only include your ticket entry into the WALK.

Registration: From 7am in the park area beside the Stables in the Point Nepean National Park - Please register and collect t-shirts. You can register from 7am on the day, credit card facilities available.

Water: Participants are encouraged to bring their own water bottles on the day for great hygiene and COVID safe management. Look after the environment and all bottles or rubbish you take with you must be taken home for proper disposal. There is no safe drinking water available from Gunners Cottage to Point Nepean.

Parking: \$5 supervised parking will be available on Jarman Oval

ABOUT THE WALK

The Rotary Club of Sorrento aims to have a number of other Rotary Clubs in the District stage a WALK FOR MENTAL HEALTH in October of each year to coincide with Victoria’s Mental Health Month. The “point of difference” is that the walk is not a race. It is a family occasion offering an organised “fun” walk in the Point Nepean National Park. Walkers have the option to turn around at any time.

The inaugural Walk was to be held in October 2020 however due to COVID-19 restrictions the date has been moved to 28th February 2021. Our target this year given COVID management is 350 walkers and more than \$10,000 funds to be raised for Mental Health Research.

For all details and look at the booking site on <https://www.eventbrite.com/e/lift-the-lid-walk-for-mental-health-sorrento-victoria-tickets-130508872551>

COLOURBOND SHED FOR SALE

Brown Colourbond shed. The floor measures 2.26 metres square and is 1.8m high at side and 2.0 at centre. In the photos you can only really see the floor in two parts and the walls and roof are stacked behind it. I think the door is hinged on the front high point. All good quality Colourbond steel and no rusty bits that I can see or remember. Colour is brown.

Great Garden Shed. This Shed retails for \$650 plus, so we are offering it for \$400, delivered locally. Proceeds to RCMM. Contact Roger Annear 0472 540 684



A bit of light-hearted humour. I hope you enjoy these pieces and can see the funny side of them.

