



Face to face Club meetings are currently in recess due to the Coronavirus (COVID-19) restrictions. Our next Meeting via Zoom will be Monday 13th April at 7pm. An invitation will be sent to you to join the meeting.



www.mountmartharotary.org.au
mountmartharotary@gmail.com

13th April 2020

This week has been a little more quiet on the RCMM front as many of us are all bunkered down at home.

This **Monday 13th April at 7.00PM**, we will be holding our second Club Meeting via ZOOM and again can I encourage each of us to connect where possible, either by audio/video <https://zoom.us/j/155601527> or by phoning into the session on **03 7018 2005**

On **Tuesday 14th April at 5.00PM**, please join me as we conduct a Q&A LIVE webinar with Federal Health Minister, the Hon Greg Hunt MP. Please register at; *(click on the link)* https://zoom.us/webinar/register/WN_DLgly3viSPuLEDtSqWihzw and once registered you will be sent an email with a direct link to the webinar.



Rotary Club of Mt Martha
PO Box 342,
Mornington 3931

Rotary International
World President:
Mark Maloney

District Governor 9820:
Adrian Froggatt

Mount Martha President:
Peter Rawlings
0418 360 250

Secretary:
Wayne Norris
0408 344 512
eversfield2017@outlook.com

Bulletin Editor:
Byron Groves
**Contributions required
by Thursday 6pm each week
to**
byron.groves58@gmail.com

Website Editor:
Colin Stokes
chstokes@optusnet.com.au

The webinar is now going LIVE across Australia with many hundreds already registered. Please invite your family, friends and associates via the above link. Please send through your questions to Minister Hunt via email to; secretary@rotary9820.org.au prior to the close of business on Monday.

Easter this year has such a different feel for all of us but I hope that this Easter provides you with a time of deep reflection on the true wonders of life, family and community—something I know we all value and treasure enormously.

Our particular thoughts are with those in the health and emergency and community support sectors at this time and in the coming weeks and months. I trust this finds you and yours well and I look forward to engaging with you via ZOOM and the webinar over coming days.

Happy Easter

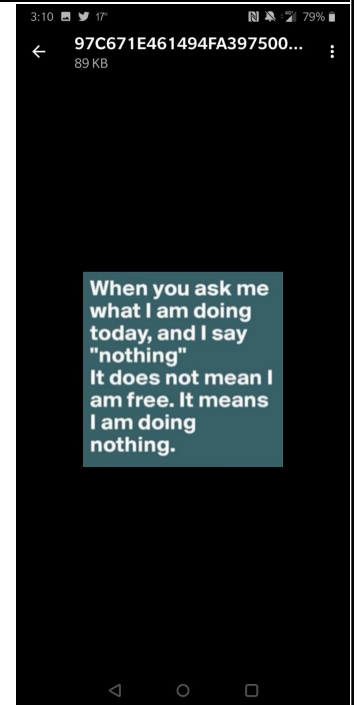
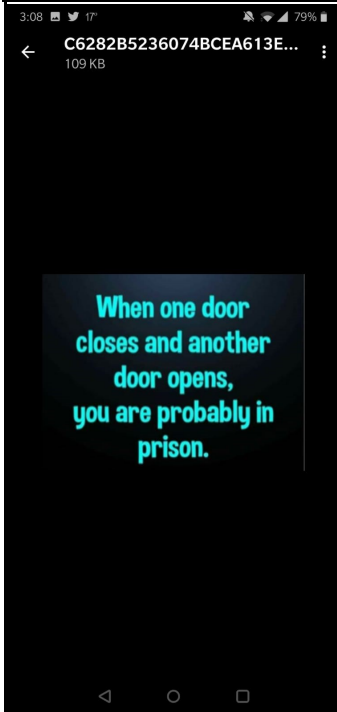
Many thanks to all, President, Peter Rawlings

Ten ways to reduce your risk of coronavirus

1. **Distance** yourself from others
– approx. 1.5m away.
2. **Stay** at home unless it is absolutely necessary.
3. **Wash** your hands often with soap and water for at least 20 seconds.
4. **Cover** your coughs and sneezes with your elbow or a tissue.
5. **Avoid** touching your eyes, nose and mouth.
6. **Buy** alcohol-based hand sanitiser with >60% alcohol.
7. **Clean** and disinfect used surfaces and objects frequently.
8. **Phone** your doctor or the hotline (1800 675 398) if you need medical attention.
9. **Continue** health habits: exercise, drink water, get plenty of sleep.
10. **Wearing** a face mask isn't necessary if you're well.

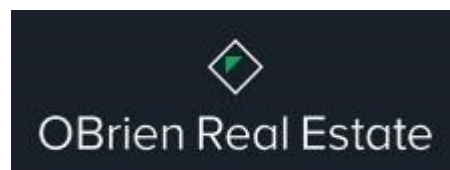


A bit of light-hearted humour in these difficult times.



**The older
I get the
earlier it
gets late.**

OUR COMMUNITY SUPPORTERS, TO WHOM WE ARE VERY GRATEFUL



Roger's Ramblings amid COVID19 (smile and enjoy it ain't all that bad).

As I am lying around, pondering the problems of the world, I realise that at my age I don't really give a care anymore.

If walking is good for your health, the postman would be immortal. A whale swims all day, only eats fish, drinks water, but is still fat. A rabbit runs and hops and only lives 5 years, while a tortoise doesn't run and does mostly nothing, yet it lives for 150 years.

And you tell me to exercise?? I don't think so.

Now that I'm older here's what I've discovered:

1. I started out with nothing, and I still have most of it.
2. My wild oats are mostly enjoyed with prunes and all-bran.
3. I finally got my head together, and now my body is falling apart.
4. Funny, I don't remember being absent-minded.
5. If God wanted me to touch my toes, he'd have put them on my knees.
6. If all is not lost, then where the heck is it?
7. It was a whole lot easier to get older, than to get wiser.
8. Some days, you're the top dog; some days you're the lamp post.
9. I wish the buck really did stop here; I sure could use a few of them.
10. Kids in the back seat cause accidents.
11. Accidents in the back seat cause kids.
12. It's hard to make a comeback when you haven't been anywhere.
13. The world only beats a path to your door when you're in the bathroom.
14. Funny, I don't remember being absent-minded.
15. When I'm finally holding all the right cards, everyone wants to play chess.
16. It's not hard to meet expenses . . . they're everywhere.
17. The only difference between a rut and a grave is the depth.
18. These days, I spend a lot of time thinking about the hereafter. I go somewhere to get something, and then wonder what I'm "here after".
19. Funny, I don't remember being absent-minded.
20. HAVE I SENT THIS MESSAGE TO YOU BEFORE?

Thank you Roger Annear for your thoughts during these trying times